

Equine CranioSacral Therapy: Case Studies Guidelines

1. Each participant wishing to fulfill certification requirements must submit 10 case studies after each module, for a total of 40 case studies;
 - a. *It is recommended that the choice to submit the case as a case study is based upon interesting or challenging subject matter rather than simply numbers. For example, choose 10 case studies out of every 100 horses treated, choosing the ones that really stretched therapist ability and applied knowledge.*
 - b. *As well, the case study is not just one treatment session; rather, it is following the horse through on a treatment program over several sessions, several weeks or months.*
 - c. *If the student completes 2 ESE levels within a very short time period, then 20 case studies must be submitted, and the student does not have to find 10 case studies using only techniques learned in the first level, all techniques known may be applied and described in the report.*
2. Case studies will be reviewed by Dr. Sandra J. Howlett, Developer & Instructor, and returned to participant with comments, questions, suggestions, etc., to facilitate experiential learning process.
3. The case studies will be graded as acceptable or revise and resubmit/replace. Keep in mind that 80% is considered a minimum passing grade for Upledger CST.
4. Case study requirements must be fulfilled to sit the practical examination for certification, but may be concurrent with essay question examination.
5. Suggested format for case studies;
 - a. *History & presenting complaint: What is the nature of the complaint? Lameness or behaviour? When did it start? How does it present? What does owner notice? What other therapy has been administered?*
 - b. *Observations: What do you notice? Posture or Conformation? Biomechanical? Gait?*
 - c. *CSR/CST Evaluation: Evaluate for SQAR, globally and locally. Fascial restrictions, diaphragms, cranial vault, facial bones, front end-hind end mirroring/connections, energy cysts, facilitated segments, etc.*
 - d. *Techniques/Treatment: Decision making process in choosing techniques; techniques utilized and in what order?*
 - e. *Response to care: How did the horse respond to treatment? CSR post-session. What did owner notice post-treatment?*
 - f. *Plan of Action/Follow-up Care: How many sessions over what period of time? How did the horse respond? Owner compliance? Any other pertinent information?*

Equine CranioSacral Therapy Certification (ECST™)

Equine CranioSacral Therapy: EcoSomatics Equine™ Certification Requirements

1. Completion of all 4 modules: ESE1, ESE2, ESE3, ESE4
2. Successful submission of 40 case studies (10 per module is preferable).
3. Successful completion of the essay examination (same standards for Upledger Institute CST Techniques Certification: 12 essay questions; minimum passing grade of 80%).
4. Successful completion of practical examination: 40 multiple choice examination questions, and hands on examination. Participant will be tested on Core Intent, Hand Placement, and Verbal Accuracy in hands on examination, and will be graded (same standards as Upledger Institute CST Techniques Certification: minimum passing grade of 80%; on CI/HP/VA – graded as pass, fail, retest).

Upon successful completion of the Equine CranioSacral Therapy Certification requirements, Upledger Institute will award you the license to use the trademarked post-nominal letters ECST, in recognition of your achievements and qualifications. Only Equine CranioSacral Therapy practitioners who have successfully completed our requirements are allowed to use the letters "ECST" in their practice.